Your First College Year (YFCY) 
Freshman Survey 
Spring 2007: Behavior

Background
The Your First College Year (YFCY) freshman survey, coordinated through the Higher Education Research Institute at UCLA, surveys first year students at the end of their freshman year.

In 2007, all freshmen at Texas A&M were asked to complete the survey on-line. Of the 5,810 students in the population, 988 freshmen completed at least a portion of the instrument for a response rate of 17%.

Results
Since entering college, students indicating feeling:
- 93% Family support to succeed
- 87% Courses inspired them to think in new ways
- 77% Their social life interfered with their schoolwork
- 72% Lonely or homesick
- 52% Isolated from campus life
- 49% Worried about their health

Since entering Texas A&M, student reporting “frequently” or “occasionally” doing the following:
- 88% Went home for the weekend
- 76% Skipped class
- 48% Had difficulty getting along with roommates/housemates
- 43% Participated in intramural sports
- 25% Witnessed academic dishonesty/cheating

Since entering Texas A&M, students reporting interactions with the following people (by phone, e-mail, IM, in person) 1 or 2 times per term:
- 67% Academic advisors
- 43% Faculty during office hours
- 33% Faculty outside of class or office hours
- 13% Close friends from high school
- 12% Close friends not at this institution

Since entering Texas A&M, time spent in a typical week watching TV:
- 12% None
- 14% Less than 1 hour
- 24% 1 to 2 hours
- 28% 3 to 5 hours
- 15% 6 to 10 hours
- 7% 11 or more hours

Since entering Texas A&M, time spent in a typical week reading for pleasure:
- 47% None
- 26% Less than 1 hour
- 17% 1 to 2 hours
- 7% 3 to 5 hours
- 3% 6 to 10 hours
- 1% 11 or more hours

Since entering Texas A&M, time spent in a typical week praying/meditating:
- 27% None
- 34% Less than 1 hour
- 25% 1 to 2 hours
- 10% 3 to 5 hours
- 2% 6 to 10 hours
- 1% 11 or more hours

Number of times in the past two weeks students reporting having five or more alcoholic drinks in a row:
- 69% None
- 11% Once
- 8% Twice
- 9% 3 to 5 times
- 2% 6 to 9 times
- 1% 10 or more times

During the past year, students indicating participating in or receiving the following:
- 54% Discussion with parent/guardian about alcohol before entering college
- 47% Live presentation about alcohol by college students
- 31% Written material about alcohol from the college
- 29% Live presentation about alcohol by college officials
- 25% Small group discussion about alcohol
- 24% No alcohol education program

For more information visit
http://www.gseis.ucla.edu/heri/yfcy.html or
http://studentlifestudies.tamu.edu/

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